


## Sustainable and Innovative Food Systems: The Mediterranean Diet as a Tool for Tourism and Local Development in EUSAIR Communities

**Bari (Italy), 29-30 September 2025**

<p><b>Name and surname of the speaker:</b> Dimitris Stavridis</p> <p><b>Name of the institution:</b> Region of Thessaly</p>	
<p><b>Short CV</b></p> <p>Dr. Dimitrios Stavridis is an agronomist - entomologist, Director General of Agricultural Economy and Veterinary Services in the Region of Thessaly. He has worked in research programs at the Department of Agriculture, Aristotle University of Thessaloniki (AUTH) and at the Plant Protection Department of the National Agricultural Research Foundation (NAGREF) in Thessaloniki. He has taught for a number of years in the Department of Agriculture of the Aristotle University of Thessaloniki (AUTH), in the Departments of Plant Production of T.E.I. Thessaloniki and Larissa as well as in the Veterinary School of the University of Thessaly. He is the Coordinator of various research programs as well as Groups of scientists on agricultural issues including the Drafting Group of the Integrated Plant Protection Guide for cotton. He has held a large number of lectures at Scientific Meetings, and young farmers and producers trainings. He has a rich written work with publications of numerous research papers and scientific articles in Greek and international journals and has participated with presentations of his scientific works in Greek and International Conferences.</p>	
<p><b>Title of the presentation:</b></p> <p>“The good practice of Region of Thessaly on Origin Products and their contribution to sustainable food systems and Tourism”</p> <p><b>3 KEY TALKING POINTS – please list here your 3 key talking points in presentation:</b></p> <ol style="list-style-type: none"> <li>1. The significance of Geographical Indications (GI) and Origin Products for promoting rural development and sustainable tourism in the region.</li> <li>2. The approach to promoting the existing 20 GI-registered products and the certification of over 18 new GI products through open and transparent calls and applications to GIs producer organizations.</li> <li>3. The collaboration between the Region of Thessaly, AREPO, and other European regions and institutions, along with Thessaly's interest in participating in the EUSAIR working group to establish a Partnership and an InterPillar Flagship Project focused on the Mediterranean Diet.</li> </ol>	<p><b>Contact details for online connection:</b></p> <p>Email:</p> <p>d.stavridis@thessaly.gov.gr</p>

